



# Gult och Blätt

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## Gustav Adolf Dinner

**When:** Saturday, November 7th, 5pm  
**Where:** L'École Culinaire  
9811 South Forty Drive  
St. Louis, MO, 63124  
**Cost:** \$35

GUSTAV ADOLPH DINNER

APPETIZER

ÄRTSOPPA (YELLOW PEA SOUP)

FIRST COURSE

RÖDBETA (SALTED BAKED BEET ROOT)

MAIN COURSE

ROASTED PORK WITH PRUNE STUFFING  
BOILED NEW POTATOES WITH DILL, FRESH  
STRING BEANS AND CARROTS

DESSERT

GUSTAV ADOLF DESSERT

COFFEE AND WINE

## Important Events for Fall 2015...

November 7th, Saturday, **SCSL Gustav Adolf Dinner** more information left and President's Column

### Lucia Rehearsals:

will be at Community Covenant Church  
777 W Adams Ave, Kirkwood, MO 63122

Sunday, November 15 3-5pm  
Sunday, November 22, 3-5pm  
Sunday, December 6, 3-5pm

December 12th (Saturday) **Lucia** -Kirkwood  
Community Center, Reim Theater, performance at  
3 pm (doors open @ 2 pm)

## Vikings

The next Viking Workshop will be on Tue., Oct.27, 1:00 PM at the Kirkwood Commerce Bank. I will send another email with the subject as soon as I find out what it will be. I would like to hear from you about what subjects you would like to cover.

*Dave Peterson*

## President's Column

First of all, I want to give thanks to all of the members of the Swedish Council who have supported me so generously with their time and ideas in my first year as President. The October Business Meeting went very well and I want to thank our "surprise Swedish chef", Mikael Unger, for his delicious appetizer (Toast Skagen) and bringing our attention to new Swedish recipes. You can see another of Mikael's contributions in this newsletter. Also, I am not forgetting how much we appreciate Larry Larson, our resident chef, who made his scrumptious pancakes for us once again. How lucky can we get!

I do want to mention that our Swedish Council cooks are due for a break. Therefore, we are having L'Ecole Culinaire do the cooking for us at our GUSTAV ADOLF CELEBRATION DINNER which is on Saturday, November 7 @ 4:30 (dinner served @ 5). The cost is \$35 per person for a 4-course Swedish dinner with wine (see menu enclosed). DEADLINE FOR RESERVATIONS IS OCTOBER 31-----SPACE IS LIMITED. See our website for further details.

Already I am thinking about our Lucia Festival on December 12. This is when most of us officially start our Christmas season. However, it has come to my attention that more than a few who enjoy participating in the Lucia are not up-to-date in paying their dues. Whether this is something that has been overlooked or not, I feel it is my responsibility to remind you now. We are counting on your support.

Most of our expenses are connected with the Lucia Celebration. For example, Community Covenant Church charges \$390.00 for our 3 rehearsals, Kirkwood Community Center is \$600.00, and Public Storage charges \$1,068 for the year to store our stage backdrop, flags, costumes, Christmas tree, etc. Then we have to purchase tickets, items for the Butik and supplies for the Kaffestuga. On

top of that is the cost of the website, MO State Registration, SCA Affiliate dues and the expense of the newsletters (paper, printing, envelopes and postage). Helen Wolf, our Treasurer, handed out copies of her Treasurer's Report at the October Business Meeting. If you would like a copy, please contact her at her email address: [helen-wolf@hotmail.com](mailto:helen-wolf@hotmail.com).

The Swedish Council members enjoy celebrating their heritage and inviting others to start their Christmas season in a most festive way. For me, and I am sure for others, the Lucia Celebration is one that brings back good memories and is truly the start of the holidays.

*Doris Martin*

## Toast Skagen

Toast Skagen was named after a fishing port at the northern tip of Denmark and was created by the popular Swedish chef, Tore Wretman in 1958. It is a mouth-watering combination of small Swedish shrimp, dill, lemon juice, crème fraiche, and other ingredients on a small piece of sautéed bread. To be fancy, place a sprig of dill, a small dollop of whitefish roe, and a small thin lemon slice on top.

Chef Wretman elevated classic Swedish dishes into fine restaurant fare. You'll find Toast Skagen is often served as an appetizer in these establishments.

Tack så mycket, Mikael, for bringing this tasty treat to our attention at the October Business Meeting.

*Doris Martin*

## Update on September Events

September was a busy month for Swedish Council members. First, IKEA opened its doors on time and therefore we no longer have to travel to Kansas City or Chicago to stock up on köttbullar when we don't have time to make them ourselves.

On the 26<sup>th</sup>, we had the Classical Guitar Event which was quite an evening listening to a very talented Johannes Möller. After the concert, we hosted the reception and brought out our Swedish foods and decorations to welcome the Swedish guitarist and members of the Guitar Society. It was a lovely way to let people know about the Swedish Council and it was truly appreciated by all who attended.

The day after the Guitar Concert was the Scandinavian Picnic hosted by the Danish Club and they did a fabulous job of entertaining us. It was wonderful seeing so many Swedes attending and I must say that when it came to singing our Swedish National Anthem that we had to come in at First Place because we certainly had the loudest and strongest voices!

Please look at the Photo Albums on the website to see the fun we had.

*Doris Martin*

## Member News

Please keep David Youngberg's mother in your thoughts and prayers as she recovers from a stroke.

Also, Dave Peterson is recovering from gall bladder surgery. Our best wishes go out to him as well.



Joyce Sauer (right) is seldom able to get to SCSL events these days, so Doris and Jan went to enjoy a lunch with her

## Halloween in Sweden

Halloween is approaching for us and the children, college students and some adults in Sweden who wish to dress up in torn clothing and use scary face paint. My good friend, Carina, sent me photos of her, her family and friends. I couldn't believe they could look so ghoulish! I'm used to seeing Cinderella, Superman and Harry Potter.

Only in recent years have Swedes adopted the customs of Halloween. The time to dress up used to be on Easter Eve. Now they get to scare people twice a year instead of once.

October 31st was always when families went to cemeteries to light candles in memory of loved ones (*Alla Helgons Dag*). Some of my friends in Sweden still do celebrate All Saints Day and feel the younger generation is not being respectful by trying to scare everyone. So you see, Halloween comes with mixed feelings in Sweden.

*Doris Martin*

## Cinnamon Bun Day

Did you know that Swedes celebrate Cinnamon Bun Day (*Kanelbullens Dag*) in October? It originated when the Home Baking Council (*Hembakningsrådet*) celebrated its 40<sup>th</sup> anniversary in 1999 and honored Sweden's rich history of scrumptious baked treats. The celebration has continued each year on October 4<sup>th</sup>.

*Doris Martin*

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## Swedish Council of Saint Louis Minutes of Business Meeting, Sunday October 11, 2015

Doris Martin, President called the meeting to order at 3:20pm.

The Secretary, David Youngberg, read the minutes of the last business meeting on February 15, 2015.

Next the Treasurer, Helen Wolf, gave the Treasurer's report and answered questions.

The floor was opened for announcements and various announcements were made, some with ideas for funding and improving publicity.

Then a motion was made by George Nelson to raise the membership fees five dollars for both individual and family memberships. The motion was seconded by Charles Henrickson. Then a vote by show of hands was taken. The vote was an overwhelming majority in favor of raising the membership fees.

The President then asked if there was a motion to adjourn the business meeting. Roger Fagerberg made the motion which was seconded. No vote was necessary to adjourn. The majority consented to the motion by moving towards the supper line.

Submitted by David Youngberg Jr, Secretary