



# Gult och Blått

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## Påskbord at IKEA

IKEA will be having a Swedish Easter Påskbord (Smörgåsbord) on Friday, March 18 from 6 pm to 8 pm. IKEA Family tickets are \$12.99/per person and Kids \$2.99. (Regular price \$16.99/per person, Kids \$4.99) Tickets are now on sale in the restaurant.

Last December IKEA had a Christmas Smörgåsbord which was absolutely delicious and 110 Swedish Council members were in attendance. Hope we can support IKEA's Påskbord with the same number to show our appreciation.

**Please let us know if you are going so that we may have IKEA allocate enough space for the SCSL section.**

## Welcome New SCSL Members

We want to send a warm welcome to our newest Swedish Council members: Christine and Scott Fiehler and James Peterson.



## Wilbur "Will" Ericson 1924-2016

By now, I am sure you have heard of the passing of Will Ericson on February 7th. Several members of the Swedish Council attended his memorial service on February 20th at Friendship Village Chesterfield. He served as President of the Swedish Council of St. Louis from 1990 to 1991 and again from 2000 to 2003. The return to the SCSL presidency showed his concern for our organization. We were between presidents. I just started a new career and didn't want to do it again. Nobody on the board at that time stepped up. So not too long into a leaderless year, Will jumped in, stayed a while, and helped us get our momentum back. I hope he knew how much we appreciated that.

## President's Column

Many thanks to all of you who attended the Swedish Council's February Business Meeting. (See our Secretary's minutes enclosed.)

As promised, the meeting was kept short because I knew everyone was anticipating the Dillkött Dinner. The delicious fragrance coming from the kitchen was hard to miss. We have to thank Britt Benson and her sisters, Stephanie Conway and Angeli Fletcher, for preparing the dillkött (see enclosed recipe) and the rest of the Board Members for their contributions. Naturally, we had to have samlar since it was February and Jenny Butero once again spoiled us with those decadent treats.

Our meeting would not be complete without an informative program and Mikael Unger definitely held everyone's interest with his Powerpoint presentation on SWEDISH CUISINE—THEN and NOW. Afterwards, it was wonderful hearing back from the members how much they enjoyed Mikael's talk and photos. Tack så mycket again, Mikael.

IKEA tickets are selling fast for their Påskbord. We had 110 Swedish Council members attend the smörgåsbord in December and I hope to see all of you again. When you arrive, please mention to the greeter that you want to be seated with the Swedish Council.

One more thing---please go on our website and look at the Photo Albums Britt Benson has posted. You will see we are very busy and having fun!

Med Vänlig Hälsning,

*Doris Martin*

## New Children's Book for Young Vikings

My daughter, Linda, who is a librarian sent me the following information:

If you are looking for a gift for a child aged 10 to 14 (grade 5 to 9) you might want to consider the book "The Sword of Summer" by Rick Riordan (ISBN-10: 1423160916), published by Disney-Hyperion. It is a story about a boy who must help the Asgard gods in a struggle against the giants and trolls who are trying to start Ragnarok, the battle to end the world as we know it. The book was first published last October and is probably the first of a series.

Mr. Riordan has written a series of books based on Greek mythology that have become very popular and are bestsellers for kids.

*Dave Peterson*

## Member News

A long-time SCSL member Jean Lindquist Knue passed away on February 6 at age 83.

The Swedish Council of St. Louis would also like to send condolences to Lotta Fox on the loss of her Brother-in-law Greg Fox on February 16th.

## Dill Kött Recipe

We certainly hope you enjoyed the meal at our February business meeting. It was truly a group effort on the part of our board members. Jenny Butero provided the delicious semlor, George Nelson cooked up the dill potatoes, and Britt Benson and her sisters prepared the dill kött. It was truly a food-centric meeting, as we also enjoyed a wonderful presentation about Swedish Cuisine by our fellow member Mikael Unger.

For those of you interested in making the dill kött at home, here is the recipe:

Dill Kött  
serves 4

2-3 lb. chuck roast  
2 cups water  
2 Tbsp. salt  
2 bay leaves  
4 whole black peppercorns  
6 whole white peppercorns

Add meat, water and spices into a slow cooker/crock pot and cook on low approximately 9 hours, until meat is quite tender.

Sauce:

2-1/2 cups chicken broth or broth from the meat  
4 Tbsp. flour  
1/4 c. milk  
3 Tbsp. white vinegar  
6 Tbsp. dried dill  
salt to taste

To make the sauce, start with pouring the chicken broth or broth from the meat in a skillet and bring to a boil. In a small bowl, mix together the flour, milk and vinegar to form a smooth consistency. While stirring the broth, slowly add the flour mixture and cook on medium heat to thicken about 8 minutes. Stir in the dill and cook an additional 5 minutes.



Jenny and Abby with Semlor



Britt, Angeli Fletcher, and Barbara Nelson

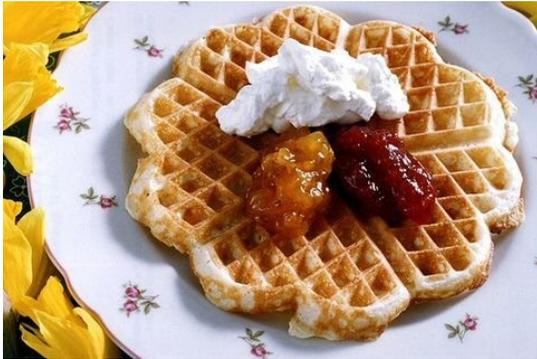


Mikael talks on Swedish Food

Drain the meat of its juices (unless you've used it for the sauce) and remove all the peppercorns and bay leaves. Add the meat to the sauce to cover.

Serve.

*Britt Benson*



## Waffle Day

Don't forget Waffle Day on March 25th.

## Business Meeting Minutes

Date: February 21st. The President, Doris Martin called the meeting to order at 3:20 pm.

The Secretary, David Youngberg read the minutes of the last business meeting on October 11.

The floor opened for announcements and new business. The announcement of the death of Will Ericson was made. Also Doris announced that we had added 16 new members.

Pam Larson asked for information about the main dish that was about to be served after the business meeting, so Britt Benson was brought from the kitchen to talk about it.

The President asked for a motion to dismiss, but all attention turned to dinner, so that was deemed to be both a motion and passing vote to dismiss by the secretary.

Submitted by David Youngberg, Secretary, SCSL

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## Ole and Lena

Ole and Lena were out walking and Lena clutched her heart and fell to the sidewalk. Ole got out his cell phone and called 9-1-1. The Operator said, "Where are you?" Ole said, "We were walking and Lena is on the sidewalk on Eucalyptus Street." The operator said, "How do you spell that?" and the phone seemed to go dead. The Operator kept shouting for Ole. She could hear him panting. The he came back on and said, "I dragged her over to Oak Street, that's O-A-K."

While fixing the fence, a farmer turned to his hired hand, Ole, and said, "Do you believe in life after death?"

"Yes, I suppose so, sir", Ole replied.

"Well, that explains everything then, I guess," the farmer said.

"Why?" asked Ole.

"Well, about an hour after you left to go to your grandfather's funeral yesterday, he stopped by to see you."