



SWEDISH COUNCIL OF SAINT LOUIS

# Gult och Blått

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## **Our Next Event: Gustav Adolf Dinner**

*When:* November 4th, Sunday,  
1:30pm Welcome Drink, 2:00 Dinner

*Where:* Trinity Lutheran Church,  
820 Lockett Rd., Kirkwood 63122

*Cost:* \$10/adults, \$4/children under 10

November is when we celebrate Gustav Adolf with a special dinner. This year Jenny will be making her special turkey recipe with prune stuffing. The last time she made this was in 2013 and several members have requested we serve it again. The Council will supply potatoes, coffee and drinks. Please bring a favorite side dish or dessert.

PLEASE RETURN RESERVATION FORM BY OCTOBER 24.

For our program, Jim Littlefield will speak about the Vikings in Ireland. Come out and enjoy a delicious meal, an interesting program and spending some time with your Swedish Council friends.

## **2018 Calendar**

*October 17, Wednesday, 10am-3pm*  
Missouri Day St. Charles

*October 23, Tuesday, 1pm*  
Viking Workshop

*November 4, Sunday, 1:30pm – 4:00pm*  
Gustav Adolf Dinner

*November 11, Sunday, 3pm-5pm*  
1st Lucia Practice,  
Kirkwood Community Center, Rm. 200

*November 18, Sunday, 3pm-5pm*  
2nd Lucia Practice,  
Kirkwood Community Center, Rm. 300

*December 2, Sunday, 3pm-5pm*  
3rd Lucia Practice,  
Kirkwood Community Center, Rm. 300

*December 8, Saturday,*  
2pm Butik, 3pm Lucia Fest

## President's Column

Hejsan Alla,

The Norwegians did a fine job in hosting Sunday's Scandinavian Picnic. The food was wonderful and the program about the history of the three Scandinavian flags was most interesting. Mother Nature did her part in making it a sunny and delightful day. Many thanks to the Norwegian Society members for their hospitality.

We have a lot going on before 2018 comes to a close. On October 17th several of our members will be in St. Charles for Missouri Day. There will be booths representing different countries behind the First State Capitol Historic Site at 200 S. Main St. from 10 am to 3 pm. SEE ENCLOSED.

At our Gustaf Adolf dinner on November 4th, we will be serving Jenny's turkey dinner with prune stuffing which she made in 2013. Several members have requested us to serve it again. For our program, Jim Littlefield will present a powerpoint program entitled "Vikings in Ireland". Do plan to attend. RESERVATION FORM ENCLOSED.

The Swedish Council's Lucia Fest is fast approaching. This will be our 42nd!!!! Can you believe it! All of you can feel proud that this tradition continues in St. Louis thanks to ALL who participate. These memories will last for a lifetime with your children and grandchildren.

Looking forward to seeing you soon and I do hope you enjoy reading about Helen Wolf's summer in Sweden. What fun she had!

Best always,  
Doris

## "Summer is short", by Helén Wolf



Every summer, Tomas Ledin's old song "*Sommaren är kort*" (Summer is short), comes to my mind, especially when I am about to go back home to Sweden for a visit. Swedish summers are amazing, but like the song says (and I'll keep translating it to English) "*most of it rains away*", which is so true over there: you'll never know what type of summer you will be getting, so "*always make the most of it, cause the sun is shining today*".

As I'm sitting here typing this to share with you, the song continues "*fall is coming soon, it comes as fast as the wind, so listen to me, the sun might be shining, only today*". And that's how it feels, my visit home just flew by and now fall is here. But I did make the most of it, and I will tell you a little about what happened. I went to Sweden by myself this time. My boys are older now, and busy as busy can be, so I took the opportunity to go home alone for a month. Not speaking a word of English for that long had a truly remarkable effect on my brain; it relaxed. I have never noticed how unconsciously stressful it is to have two languages swirling around up there until I only had one to worry about, and I felt calmer. That was a very odd feeling of being at ease.



with us, and eat, and drink and be merry with everyone I love back home.

*“The water is warm and the air is standing still, I sit in the shadow and read yesterday’s newspaper. Soon it’s time to take a dip in the blue, get the sand away from between my toes and cool my body.”* After a month alone, my husband and sons arrived. I was whole again; it is difficult to have a heart divided. Now, we celebrated Bryce’s high school graduation with all the dear ones we haven’t seen for so long, and with some new friends my sons tried sailing at a speed of 3G in a glider plane way up in the air. We even had time for a visit to Öland, see the king’s castle, and swim in the Baltic Sea. I, of course, ate TONS of black licorice while they, of course, ate TONS of chocolate and meatballs, and we biked and we swam and we had so much fun!

All these light blue days sailed by quickly though. The summer is short. It was time to leave our second home at #1 Luckytrail where I grew up, my parents still live, and where the other half of our hearts are. We really did make the most of this summer, and the sun was shining the entire time. *Imagine that!*

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## Welcome New Member

We want to send a warm welcome to Brian Akerson our newest Swedish Council member.

## Viking Workshop News

It was announced that this is the 16th year anniversary for the workshop with Dave Peterson at the helm. The next meeting will be Tuesday, October 23rd at 1:00 pm.

